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# SMARTWATCH INSTINCT 3 AMOLED/BLACK 010-02936-03 GARMIN

Model: 010-02936-03

Manufacturer: GARMIN

EAN: 753759357139

Product Code: 577675

## R6,962

**TOUGH IT OUT**

Metal-reinforced bezel

**TAKE IN THE VIEW**

Bright and vibrant AMOLED display

**STAY IN THE KNOW**

24/7 health and wellness monitoring

**CARRY THE TORCH**

Built-in flashlight

The product information provided is for reference purposes only. Technical specifications, photos, descriptions and prices may change without prior notice. The manufacturer and seller are not responsible for possible data discrepancies or typographical errors. We recommend checking the current information before purchasing.
shop.cssi.co.za | sales@cssi.co.za | +27 (11)541-9950

**BOLDLY GO**

Multi-band GPS with SatIQ™ technology

**FOLLOW YOURS**

Instinct 3 is the rugged GPS smartwatch that’s designed to be worn through anything. Follow yours, wherever the adventure leads.

**AMOLED DISPLAY**

Make a bold statement with a vibrant 1.2-inch AMOLED display and 45 mm case.

**RUGGED DESIGN**

Explore confidently with a rugged design, including a metal-reinforced bezel and scratch-resistant display.

**BUILT-IN FLASHLIGHT**

See and be seen with a built-in flashlight, featuring variable intensities and an alternate red light.

**24/7 HEALTH AND WELLNESS MONITORING**

Make bold moves with health monitoring features, including heart rate, advanced sleep monitoring, Pulse Ox2 and more.

**SMART NOTIFICATIONS**

Receive emails, texts and alerts on your watch when paired with your compatible Apple® or Android™ smartphone.

**BATTERY LIFE**

Leave the charger at home with up to 18 days of battery life in smartwatch mode.

- Bright 1.2-Inch Amoled Display
- Up To 18 Days Of Battery Life In Smartwatch Mode
- Detailed Health And Wellness Features
- Smart Notifications
- Built-In Flashlight

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- Rugged Design

Summary: Garmin Instinct 3. Display diagonal: 3.05 cm (1.2"), Display technology: AMOLED, Display resolution: 390 x 390 pixels. GPS (satellite). Weight: 53 g. Band material: Silicone, Band colour: Black, Blue | Vendor Homepage: https://www.garmin.com/en-US/p/1316397/pn/010-02936-03/#overview | Backlight: Yes | Colour display: Yes | Display diagonal: 1.2 | Display resolution: 390 x 390 | Display size (HxV): 30 x 30 | Display technology: AMOLED | Display type: Digital | Band colour: Black/Blue | Band material: Silicone | Fall detection: Yes | Keypad lock: Yes | Lens material: Glass | Market positioning: Smartwatch | Maximum memory card size: 4 | Shape: Round | Watch case colour: Black | Watch case material: Aluminium,Glass Fiber Reinforced Polymer (GFRP) | Watch case size: 45 | Water resistance: 10 | Wrist size range: 137 - 204 | Accelerometer: Yes | Accessibility features: Accessibility Shortcut | Activity monitoring: Yes | Activity tracker: Yes | Advanced workouts: Yes | Alarm clock: Yes | Area calculation: Yes | Automatic daily activity detection: Yes | Automatic pause: Yes | Barometric altimeter: Yes | Blood oxygen sensor: Yes | Calories burned: Yes | Distance travelled: Yes | Electronic compass: Yes | Find my phone function: Yes | Fitness test: Yes | Foot pod: Yes | Gyroscope: Yes | Heart rate contact sensors: Yes | Heart rate monitor: Yes | Interval training: Yes | Multisport mode: Yes | Music control: Yes | Personal info management (PIM): Calendar/Events reminder | Quality of sleep: Yes | Race predictor: Yes | Real-time guidance: Yes | Recommended activity: Badminton/Baseball/Basketball/Boxing/Climbing/Cycling/Elliptical/Fishing/Football/Golf/HIIT/Hiking/Hockey/H sports/Pilates/Riding/Rowing/Running/Skiing/Snowboarding/Stair stepper/Surfing/Swimming/Tennis/Triathlon/Volleyball/Walking/Yo | Recovery time suggestion: Yes | Running dynamics: Yes | Smart notifications: Yes | Stopwatch: Yes | Stress monitoring function: Yes | Sun & moon information: Yes | Supported applications: Toe-to-ToeT Challenges, Garmin Messenger, GameOn, Garmin Golf | Thermometer: Yes | Timer: Yes | Training effect measurement: Yes | Virtual pacer function: Yes | Virtual racer function: Yes | Weather forecast: Yes | Workout tracking: Yes | ANT+ enabled: Yes | BeiDou: Yes | Galileo: Yes | GLONASS: Yes | GPS (satellite): Yes | Quasi-Zenith Satellite System (QZSS): Yes | Bluetooth: Yes | Battery life: 18 | Battery life: 25 | Battery life (GPS mode): 32 | Battery life (max): 432 | Battery technology: Lithium-Ion (Li-Ion) | Battery type: Built-in battery | Sports activity apps: Connect IQ | Dimensions (WxDxH): 45 x 14.9 x 45 | Weight: 53 | Chest strap: Yes | Manual: Yes | Shipping Box Height: 7.5 | Unit Calculated Volume: 0.0008194 | Unit Calculated Weight: 0.18 | Units per Pallet: 0 | Units per Shipping Box: 1 | Model name: Instinct 3

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