

Garmin Instinct 3 3.05 cm (1.2) AMOLED 45 mm Digital 390 x 390 pixels Black GPS (satellite)

Model: 010-02936-03

Manufacturer: GARMIN

EAN: 753759357139

Product Code: 575616

R8,365

Display type: Digital | Battery life (max): 432 h | Battery type: Built-in battery | Display diagonal: 3.05 cm (1.2") | Backlight: Yes | Maximum memory card size: 4 GB | Market positioning: Smartwatch | Display resolution: 390 x 390 pixels | Bluetooth: Yes | Manual: Yes | Weight: 53 g | Accelerometer: Yes | Heart rate monitor: Yes | Timer: Yes | Band colour: Black | Wrist size range: 137 - 204 mm | Workout tracking: Yes | Battery technology: Lithium-Ion (Li-Ion) | Band colour: Blue | Calories burned: Yes | Distance travelled: Yes | Dimensions (WxDxH): 45 x 14.9 x 45 mm | GPS (satellite): Yes | Display technology: AMOLED | Recommended activity: Swimming | Recommended activity: Golf | Recommended activity: Running | Recommended activity: Volleyball | Recommended activity: Boxing | Recommended activity: Riding | Recommended activity: Skiing | Recommended activity: Elliptical | GLONASS: Yes | Recommended activity: Snowboarding | Recommended activity: Triathlon | Recommended activity: Surfing | Recommended activity: Climbing | Recommended activity:

The product information provided is for reference purposes only. Technical specifications, photos, descriptions and prices may change without prior notice. The manufacturer and seller are not responsible for possible data discrepancies or typographical errors. We recommend checking the current information before purchasing.

Badminton | Recommended activity: Tennis | Recommended activity: Walking | Personal info management (PIM): Events reminder | Fall detection: Yes | Recommended activity: HIIT | Recommended activity: Yoga | Recommended activity: Motor sports | Recommended activity: Baseball | Recommended activity: Football | Recommended activity: Fishing | Stress monitoring function: Yes | BeiDou: Yes | Recommended activity: Cycling | Recommended activity: Hiking | Recommended activity: Basketball | Gyroscope: Yes | Watch case colour: Black | Watch case material: Aluminium, Glass Fiber Reinforced Polymer (GFRP) | Recommended activity: Rowing | Recommended activity: Hunting | Recommended activity: Hockey | Recommended activity: Stair stepper | Band material: Silicone | Electronic compass: Yes | Watch case size: 45 mm | Recommended activity: Pilates | Interval training: Yes | Colour display: Yes | Personal info management (PIM): Calendar | Alarm clock: Yes | ANT+ enabled: Yes | Accessibility features: Accessibility Shortcut | Shape: Round | Blood oxygen sensor: Yes | Galileo: Yes | Thermometer: Yes | Battery life: 18 day(s) | Battery life: 25 h | Quasi-Zenith Satellite System (QZSS): Yes | Foot pod: Yes | Virtual racer function: Yes | Virtual pacer function: Yes | Barometric altimeter: Yes | Heart rate contact sensors: Yes | Battery life (GPS mode): 32 h | Keypad lock: Yes | Sun & moon information: Yes | Smart notifications: Yes | Fitness test: Yes | Quality of sleep: Yes | Display size (HxV): 30 x 30 mm | Water resistance: 10 ATM | Training effect measurement: Yes | Advanced workouts: Yes | Recovery time suggestion: Yes | Sports activity apps: Connect IQ | Activity monitoring: Yes | Automatic pause: Yes | Activity tracker: Yes | Weather forecast: Yes | Running dynamics: Yes | Automatic daily activity detection: Yes | Chest strap: Yes | Race predictor: Yes | Multisport mode: Yes | Supported applications: Toe-to-Toe™ Challenges, Garmin Messenger, GameOn, Garmin Golf | Lens material: Glass | Area calculation: Yes | Real-time guidance: Yes | Music control: Yes | Stopwatch: Yes | Find my phone function: Yes

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