



## SMARTWATCH VIVOMOVE SPORT/BLACK 010-02566-00 GARMIN

Model: 010-02566-00

Manufacturer: GARMIN

EAN: 753759274498

Product Code: 333614

## R4,011

### MORE THAN STYLISH

This hybrid smartwatch combines the traditional look of an analog watch with the essential smart features you need to keep up with your busy life.

### TRADITIONAL WATCH DESIGN

The hidden display only appears when you need it. Interact with the touchscreen, and the hands dynamically move away.

### A SLEEK LOOK FOR YOUR WRIST

Available in a number of colors, vívomove Sport features metallic colored accents, a lightweight feel and a comfortable silicone band, making it perfect for work, the weekend — everywhere. And it's

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compatible with industry-standard 20 mm quick release bands.

## **SMART NOTIFICATIONS**

Receive emails, texts and alerts right on your watch when paired with your compatible smartphone. You can even respond to texts if you have an Android phone.

## **SAFETY AND TRACKING FEATURES**

When your watch and phone are paired, a message with your live location can be sent to your contacts manually or — during select outdoor activities — automatically with built-in Incident Detection<sup>4</sup>.

## **CALENDAR VIEW**

Easily see your plans for the day with a dedicated calendar screen.

## **TIMER AND STOPWATCH**

Conveniently access handy timekeeping features right from your wrist.

## **SYNC WITH THE GARMIN CONNECT APP**

See your health and fitness information all in one place. The Garmin Connect app is a thriving online community where people on the go can connect, compete and share.

## **BODY BATTERY ENERGY MONITORING**

See your body's energy levels throughout the day so you can find the best times for activity and rest.

## **WRIST-BASED HEART RATE**

The watch constantly samples your heart rate<sup>2</sup> and will alert you if it stays too high or too low while you're at rest. It also helps gauge how hard you work during activities — even while swimming.

## **PULSE OX SENSOR**

Use the Pulse Ox<sup>3</sup> sensor to spot-check your blood oxygen saturation at any point during the day, or for part of the night as you sleep, to show how well your body is absorbing oxygen.

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## **STRESS TRACKING**

Find out if you're having a calm, balanced or stressful day. Relax reminders will even prompt you to do a short breathing activity when the watch detects that you're feeling stressed.

## **MINDFUL BREATHING**

When you want to relax or focus, you can start a breathwork activity, and this watch will track your stress and respiration to help you get a better understanding of how you're breathing.

## **WOMEN'S HEALTH TRACKING**

Use the Garmin Connect app to track your menstrual cycle or pregnancy. Log symptoms, get exercise and nutrition education, and more. Even see and log details on your wrist.

## **HYDRATION TRACKING**

Log your daily fluid intake as a reminder to stay hydrated. You can even have an auto goal for hydration that adjusts based on how much you sweat during activities.

## **RESPIRATION TRACKING**

See how you're breathing throughout the day, during sleep, and during breathwork and yoga activities.

## **ADVANCED SLEEP MONITORING**

Get a full picture of how you're sleeping, with a breakdown of your light, deep and REM sleep stages as well as Pulse Ox3 and respiration data.

## **CONNECTED GPS**

Connect to your compatible smartphone's GPS so you can get accurate tracking during outdoor walks, rides and runs.

## **FITNESS AGE**

This feature uses chronological age, your weekly vigorous activity, resting heart rate and BMI or body fat percentage<sup>5</sup> to estimate if your body is younger or older than you are. And you can get tips to lower your fitness age.

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## **INTENSITY MINUTES**

We've updated our intensity minutes feature to give you a better idea of when during the day you earned them and during what activity.

## **PRELOADED SPORTS APPS**

Switch up your workout routine with activity profiles for yoga, strength, cardio, pool swimming and more.

## **FITNESS TRACKING**

While you get out and about, vívomove Sport tracks steps, calories, intensity minutes and more. Even sync data across multiple Garmin smartwatches.

## **BATTERY LIFE**

Stay on the move longer with a battery life that lasts up to 5 days in smartwatch mode, plus up to 1 additional day as an analog-only timepiece. Fifteen minutes of charging adds up to 1 day of smartwatch mode battery life.

## **WATER RATING**

This watch is swim-rated, making it perfect for a swim, shower or spa day.

## **SMALL, LIGHT DESIGN**

With a lightweight watch case that measures just 40 mm, you'll only notice it on your wrist because it looks so good.

Summary: Garmin vívomove Sport. Display technology: OLED, Display resolution: 72 x 154 pixels, Touchscreen. GPS (satellite). Weight: 33.8 g. Band material: Silicone, Band colour: Black | Vendor Homepage: <https://buy.garmin.com/> | Display technology: OLED | Display size (HxV): 8.6 x 18.5 | Display type: Digital | Display resolution: 72 x 154 | Touchscreen: Yes | FM radio: No | Mobile operating systems supported: Android/iOS | Compatible memory cards: Not supported | Band material: Silicone | Lens material: Glass | Shape: Round | Market positioning: Sport watch | Watch case size: 40 | Buckle colour: Black | Watch case colour: Black | Watch case material: Carbon Fibre Reinforced Polymer (CFRP) | Band colour: Black | Waterproof: Yes | Built-in camera: No | Product colour: Black | Protection features: Water resistant | Water resistance: 5 | Heart rate monitor: Yes | Distance travelled: Yes | Calories burned: Yes | Accelerometer: Yes | Personal goals: Yes | Quality of

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sleep: Yes | Personal info management (PIM): Alarm clock/Calendar/Countdown timer/Stopwatch | Activity monitoring: Yes | Alarm clock: Yes | Ambient light sensor: Yes | Barometric altimeter: Yes | Built-in distance meter: Yes | Calendar: Yes | Find my phone function: Yes | Fitness test: Yes | Heart rate data transfer: ANT+ | Heart rate-based calorie computation: Yes | Interval training: Yes | Music control: Yes | Recommended activity: Cycling/Fitness/Running/Swimming/Tennis | Smart notifications: Yes | Stopwatch: Yes | Timer: Yes | Weather forecast: Yes | Altimeter: Yes | Mobile network connection: No | GPS (satellite): Yes | Bluetooth: Yes | Wi-Fi: No | Battery type: Built-in battery | Battery technology: Lithium-Ion (Li-Ion) | Battery life (max): 120 | Battery life: 5 | Battery life (max): 1 | Rechargeable battery: Yes | Number of batteries supported: 1 | Width: 40 | Depth: 40 | Thickness: 11 | Weight: 33.8 | Charger: Yes | Manual: Yes | Quantity per pack: 1 | Unit Calculated Weight: 0.181 | Battery weight: 4 | Battery: Rechargeable | Product Net Weight: 0.033 | Unit Calculated Volume: 0.0006566 | Units per Shipping Box: 1 | Unit Width: 7 | Shipping Box Height: 6.7 | Unit Depth: 14 | Unit Height: 6.7 | Name: SMARTWATCH VIVOMOVE SPORT/BLACK 010-02566-00 GARMIN | Model name: vívomove Sport

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