



SMARTWATCH LILY SPORT/MIDNIGHT 010-02384-12 GARMIN



Model: 010-02384-12

Manufacturer: GARMIN

EAN: 753759266448

Product Code: 333531

R4,125

CLASSIC ENOUGH TO MAKE A STATEMENT. MODERN ENOUGH TO KEEP YOU CONNECTED.

You haven't seen a smartwatch¹ this small that can do this much. With a flick of your wrist, the stylish patterned lens reveals a bright touchscreen display, and when you're done, the display disappears.

SMALL, STYLISH AND SMART

This stylish smartwatch is the first of its kind from Garmin with an incredibly small, 34 mm watch case and a stylish patterned lens. Just tap or twist your wrist to reveal the bright touchscreen display.

CLASSIC OR SPORT STYLES

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Choose from classic and sport designs with a variety of colour, metal and interchangeable band options — including leather and silicone — so you can find the perfect piece to fit your look.

BODY BATTERY™ ENERGY MONITORING

Track your body's energy levels so you can find the best times for activity and rest.

WRIST-BASED HEART RATE

The watch constantly samples your heart rate³ and can be set to alert you if it stays too high or too low.

STRESS TRACKING

Find out if you're having a calm, balanced or stressful day. Relax reminders will even prompt you to do a short breathing activity when you're feeling stressed.

WOMEN'S HEALTH TRACKING

Use the Garmin Connect™ app to track your menstrual cycle or pregnancy. Log symptoms, get exercise and nutrition education and more. Even see and log details on your wrist.

HYDRATION TRACKING

Log your daily fluid intake right on your watch. You can even set up hydration reminders, create goals and view your history and progress in the Garmin Connect app.

RESPIRATION TRACKING

See how you're breathing throughout the day, during sleep and during breathwork and yoga activities.

PULSE OX SENSOR

Use the Pulse Ox sensor⁴ to spot check your blood oxygen saturation at any point during the day, or for part of the night as you sleep, to show how well your body is absorbing oxygen.

MINDFUL BREATHING

When you want to relax or focus, you can start a breathwork activity, and this watch will track your stress and respiration to help you get a better understanding of how you're breathing.

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ADVANCED SLEEP MONITORING

Get a full picture of how you're sleeping³, with a breakdown of your light, deep and REM sleep stages as well as Pulse Ox and respiration data.

SMART NOTIFICATIONS

Receive emails, texts and alerts right on your watch when paired with a compatible smartphone. You can even respond to texts if you have an Android™ phone.

SAFETY AND TRACKING FEATURES

When your watch and phone are paired, you can send an assistance alert with your live location to your selected contacts⁵

CALENDAR VIEW

When paired with your compatible smartphone you can easily check what your day holds right from your wrist.

SYNC WITH GARMIN CONNECT

See your health and fitness information all in one place. The Garmin Connect app is a thriving online community where people on the go can connect, compete and share.

FITNESS TRACKING

While you get out and about, Lily tracks steps, calories burned, intensity minutes and more³.

SPORTS APPS

Switch up your workout routine with activity profiles for yoga, Pilates, cardio, mindful breathing, strength training and more.

CONNECTED GPS

Connect to your compatible smartphone's GPS so you can get accurate tracking during outdoor walks, rides and runs.

BATTERY LIFE

Stay on the move longer with a battery life that lasts up to 5 days in smartwatch mode.

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WATER RATING

This watch is swim-rated making it perfect for a swim, shower or spa day.

SMALL, LIGHT DESIGN

With a lightweight watch case that measures just 34 mm, you'll only notice it on your wrist because it looks so good.

- Stylish patterned lens or smart touchscreen? Why not both?
- One small, fashionable smartwatch to keep track of your important health stats
- See texts, calls and calendar reminders on a watch that looks this good? Yeah, we did that
- Yes, this watch tracks your steps, sleep, stress and energy levels
- Wellness comes easy with apps for yoga, walking, cardio, mindful breathing and more
- Don't put life on pause. Go longer between charges with up to 5 days of battery life

Summary: Garmin Lily. Display technology: LCD, Display resolution: 240 x 201 pixels, Touchscreen.

Weight: 24 g. Band material: Silicone, Band colour: Black | Vendor Homepage:

<https://buy.garmin.com/en-IE/GB/p/698519/pn/010-02384-12#overview> | Ekrano technologija: LCD | Ekrano dydis (HxV): 25.4 x 21.3 | Ekrano tipas: Skaitmeninis | Ekrano rezoliucija: 240 x 201 | Lietimui jautrus ekranas: Taip | Palaikomos mobiliosios operacinės sistemos: Android/iOS | Apyrankės medžiaga: Silikonas | Forma: Turas | Riešo dydis: 110 - 175 | Pozicija rinkoje: Išmanusis laikrodis | Maksimalus diržo ilgis: 175 | Laikrodžio korpuso dydis: 34.5 | Kibirėlio spalva: Juoda | Laikrodžio korpuso spalva: Juoda | Laikrodžio korpuso medžiaga: Polimeras | Apyrankės spalva: Juoda | Spalva:: Midnight Orchid | Juostos spalvos pavadinimas: Deep Orchid | Integruota kamera: Ne | Užsegimo tipas: Diržo sagtis su vienu liežuvėliu | Apsaugos ypatybės: Atsparus vandeniui | Vandens varža: 5 | Širdies dažnio monitorius: Taip | Širdies dažnio kontaktiniai jutikliai: Taip | Kraujo spaudimo monitorius: Taip | Kraujo prisotinimo deguonimi jutiklis: Taip | Nukeliautas atstumas: Taip | Žingsniamatis: Taip | Sudegintos kalorijos: Taip | Akcelerometras: Taip | Girokopas: Taip | Veiklos sekiklis: Taip | „Multiport“ režimas: Taip | Asmeniniai tikslai: Taip | Miego kokybė: Taip | Aplinkos šviesos jutiklis: Taip | Apsauga nuo pametimo: Taip | Kalendorius: Taip | Laikmatis: Taip | Mobiliojo tinklo ryšys: Ne | USB prievadas: Ne | Mažo nuotolio radijo ryšys (NFC): Ne | Baterijos technologija: Ličio-jonų (Li-Ion) | Baterijos naudojimo laikas: 120 | Automatinis budėjimo režimas: Taip | Belaidis įkrovimas: Ne | Darbo temperatūros diapazonas (TT): -20 - 60 | Plotis: 34.5 | Ilgis: 34.5 | Storis: 10.15 | Svoris: 24 | Įkroviklis: Taip | Bruto svoris: 0.17 | Neto svoris: 0.024 | Vienetų skaičius vienoje siuntimo dėžėje: 1 | Vieneto plotis: 9.5 | Shipping Box Height: 6 | Vieneto gylis: 10 | Vieneto aukštis:

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