



SMARTWATCH VIVOMOVE SPORT/BLACK 010-02566-02 GARMIN



Model: 010-02566-02

Manufacturer: GARMIN

EAN: 753759285609

Product Code: 333522

R4,153

MORE THAN STYLISH

This hybrid smartwatch combines the traditional look of an analog watch with the essential smart features you need to keep up with your busy life.

TRADITIONAL WATCH DESIGN

The hidden display only appears when you need it. Interact with the touchscreen, and the hands dynamically move away.

A SLEEK LOOK FOR YOUR WRIST

Available in a number of colors, vívomove Sport features metallic colored accents, a lightweight feel and a comfortable silicone band, making it perfect for work, the weekend — everywhere. And it's

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compatible with industry-standard 20 mm quick release bands.

SMART NOTIFICATIONS

Receive emails, texts and alerts right on your watch when paired with your compatible smartphone. You can even respond to texts if you have an Android phone.

SAFETY AND TRACKING FEATURES

When your watch and phone are paired, a message with your live location can be sent to your contacts manually or — during select outdoor activities — automatically with built-in Incident Detection⁴.

CALENDAR VIEW

Easily see your plans for the day with a dedicated calendar screen.

TIMER AND STOPWATCH

Conveniently access handy timekeeping features right from your wrist.

SYNC WITH THE GARMIN CONNECT APP

See your health and fitness information all in one place. The Garmin Connect app is a thriving online community where people on the go can connect, compete and share.

BODY BATTERY ENERGY MONITORING

See your body's energy levels throughout the day so you can find the best times for activity and rest.

WRIST-BASED HEART RATE

The watch constantly samples your heart rate² and will alert you if it stays too high or too low while you're at rest. It also helps gauge how hard you work during activities — even while swimming.

PULSE OX SENSOR

Use the Pulse Ox³ sensor to spot-check your blood oxygen saturation at any point during the day, or for part of the night as you sleep, to show how well your body is absorbing oxygen.

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STRESS TRACKING

Find out if you're having a calm, balanced or stressful day. Relax reminders will even prompt you to do a short breathing activity when the watch detects that you're feeling stressed.

MINDFUL BREATHING

When you want to relax or focus, you can start a breathwork activity, and this watch will track your stress and respiration to help you get a better understanding of how you're breathing.

WOMEN'S HEALTH TRACKING

Use the Garmin Connect app to track your menstrual cycle or pregnancy. Log symptoms, get exercise and nutrition education, and more. Even see and log details on your wrist.

HYDRATION TRACKING

Log your daily fluid intake as a reminder to stay hydrated. You can even have an auto goal for hydration that adjusts based on how much you sweat during activities.

RESPIRATION TRACKING

See how you're breathing throughout the day, during sleep, and during breathwork and yoga activities.

ADVANCED SLEEP MONITORING

Get a full picture of how you're sleeping, with a breakdown of your light, deep and REM sleep stages as well as Pulse Ox3 and respiration data.

CONNECTED GPS

Connect to your compatible smartphone's GPS so you can get accurate tracking during outdoor walks, rides and runs.

FITNESS AGE

This feature uses chronological age, your weekly vigorous activity, resting heart rate and BMI or body fat percentage⁵ to estimate if your body is younger or older than you are. And you can get tips to lower your fitness age.

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INTENSITY MINUTES

We've updated our intensity minutes feature to give you a better idea of when during the day you earned them and during what activity.

PRELOADED SPORTS APPS

Switch up your workout routine with activity profiles for yoga, strength, cardio, pool swimming and more.

FITNESS TRACKING

While you get out and about, vívomove Sport tracks steps, calories, intensity minutes and more. Even sync data across multiple Garmin smartwatches.

BATTERY LIFE

Stay on the move longer with a battery life that lasts up to 5 days in smartwatch mode, plus up to 1 additional day as an analog-only timepiece. Fifteen minutes of charging adds up to 1 day of smartwatch mode battery life.

WATER RATING

This watch is swim-rated, making it perfect for a swim, shower or spa day.

SMALL, LIGHT DESIGN

With a lightweight watch case that measures just 40 mm, you'll only notice it on your wrist because it looks so good.

Summary: Garmin vívomove Sport. Display technology: OLED, Display resolution: 72 x 154 pixels, Touchscreen. GPS (satellite). Weight: 33.8 g. Band material: Silicone, Band colour: Rose gold | Vendor Homepage: <https://buy.garmin.com/> | Display technology: OLED | Display size (HxV): 8.6 x 18.5 | Display type: Digital | Display resolution: 72 x 154 | Touchscreen: Yes | FM radio: No | Mobile operating systems supported: Android/iOS | Compatible memory cards: Not supported | Band material: Silicone | Lens material: Glass | Shape: Round | Market positioning: Sport watch | Watch case size: 40 | Watch case material: Carbon Fibre Reinforced Polymer (CFRP) | Band colour: Rose gold | Waterproof: Yes | Built-in camera: No | Product colour: Ivory | Protection features: Water resistant | Water resistance: 5 | Heart rate monitor: Yes | Distance travelled: Yes | Calories burned: Yes | Accelerometer: Yes | Personal goals: Yes | Quality of sleep: Yes | Personal info management

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(PIM): Alarm clock/Calendar/Countdown timer/Stopwatch | Activity monitoring: Yes | Alarm clock: Yes | Ambient light sensor: Yes | Barometric altimeter: Yes | Built-in distance meter: Yes | Calendar: Yes | Find my phone function: Yes | Fitness test: Yes | Heart rate data transfer: ANT+ | Heart rate-based calorie computation: Yes | Interval training: Yes | Music control: Yes | Recommended activity: Cycling/Fitness/Running/Swimming/Tennis | Smart notifications: Yes | Stopwatch: Yes | Timer: Yes | Weather forecast: Yes | Altimeter: Yes | Mobile network connection: No | GPS (satellite): Yes | Bluetooth: Yes | Wi-Fi: No | Battery type: Built-in battery | Battery technology: Lithium-Ion (Li-Ion) | Battery life (max): 120 | Battery life: 5 | Battery life (max): 1 | Rechargeable battery: Yes | Number of batteries supported: 1 | Width: 40 | Depth: 40 | Thickness: 11 | Weight: 33.8 | Charger: Yes | Manual: Yes | Quantity per pack: 1 | Unit Calculated Weight: 0.183 | Battery weight: 4 | Battery: Rechargeable | Product Net Weight: 0.033 | Unit Calculated Volume: 0.0007735 | Units per Shipping Box: 1 | Unit Width: 7 | Shipping Box Height: 6.5 | Unit Depth: 17 | Unit Height: 6.5 | Name: SMARTWATCH VIVOMOVE SPORT/BLACK 010-02566-02 GARMIN

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