



## **SMARTWATCH VIVOMOVE 3S/SILV/BLUE 010-02238-20 GARMIN**

Model: 010-02238-20

Manufacturer: GARMIN

EAN: 753759234270

Product Code: 333441

## **R4,404**

### **Smaller-sized hybrid smartwatch with hidden touchscreen display**

#### **Love your look**

The vívomove 3S smartwatch combines the traditional look of an analogue watch with the essential smart features you count on to keep up with your busy life. Available in a variety of colours, there's a vívomove 3S to suit every look.

#### **Stay in touch**

From work meetings to workout classes, vívomove 3S ensures that you're still connected, even when your phone is tucked away.

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## **Hidden display**

The display only appears when you need it. Interact with the touchscreen, and the hands dynamically move away.

## **Smart notifications**

Receive emails, texts and alerts right on your watch, when paired with a compatible smartphone.

## **Calendar view**

Easily see your plans for the day with a dedicated calendar widget.

## **A better understanding of you**

This smartwatch is packed with features that let you tune in to your health, 24/7. Estimate Pulse Ox<sup>2</sup> at the wrist, keep tabs on your body's energy levels with Body Battery™ energy monitoring, even track your menstrual cycle from month to month. vívomove 3S also tracks stress, sleep, heart rate<sup>3</sup>, hydration and more.

## **Make moves**

Connect to GPS on your compatible smartphone so you can get accurate tracking during outdoor walks and runs. Want to try something different? The smartwatch also offers activity profiles for yoga, strength, cardio, pool swimming and more.

## **Change your look**

If you like to change watch bands as often as you change your clothes, no problem. vívomove 3S is compatible with industry-standard 18 mm quick-release bands.

## **Share and compete**

The Garmin Connect app is a thriving online community where people on the go can connect and compete by joining challenges, encourage each other's successes and even share their triumphs via social media.

## **Fitness tracking**

See your daily steps, floors climbed, intensity minutes and more.

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## Body battery

Track your body's energy levels so you can find the best times for activity and rest.

## Stress tracking

Stress tracking can tell if you're having a calm, balanced or stressful day. Relax reminders will even prompt you to do a short breathing activity.

## Heart rate

Wrist-based heart rate<sup>3</sup> constantly samples your heart rate and will alert you if it stays high while you're at rest. It also helps gauge how hard you work during activities.

## Hydration tracking

Log your daily water intake as a reminder to stay hydrated.

## Sleep tracking

Get a full picture of how you're sleeping with a breakdown of your light, deep and REM sleep stages, as well as Pulse Ox<sup>2</sup>.

- Stylish, traditional watch design with real watch hands
- Touchscreen display is only visible when you need it
- Stay connected with smart notifications<sup>1</sup> delivered right to your wrist
- Tune in to your fitness and wellbeing with all-day health monitoring features
- Connected GPS for tracking outdoor walk or run activities<sup>1</sup>; includes additional built-in activity profiles
- Battery life: up to 5 days in smart mode and an additional week in watch mode (hands tell time only)

Summary: Garmin Vivomove 3S. Display technology: OLED, Display resolution: 64 x 132 pixels, Touchscreen. GPS (satellite). Weight: 38.6 g. Band material: Silicone, Band colour: Blue | Vendor Homepage: <https://buy.garmin.com/> | Display technology: OLED | Display size (HxV): 8.9 x 18.3 | Display type: Digital | Display resolution: 64 x 132 | Touchscreen: Yes | FM radio: No | Mobile operating systems supported: Android/iOS | Compatible memory cards: Not supported | Band material: Silicone | Lens material: Glass | Shape: Round | Market positioning: Smartwatch | Watch case size: 39 | Buckle colour: Silver | Watch case colour: Silver | Watch case material: Polymer | Band

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colour: Blue | Waterproof: Yes | Built-in camera: No | Product colour: Silver | Protection features: Water resistant | Water resistance: 5 | Heart rate monitor: Yes | Distance travelled: Yes | Calories burned: Yes | Accelerometer: Yes | Personal goals: Yes | Quality of sleep: Yes | Personal info management (PIM): Alarm clock/Calendar/Stopwatch | Activity monitoring: Yes | Alarm clock: Yes | Ambient light sensor: Yes | Barometric altimeter: Yes | Built-in distance meter: Yes | Calendar: Yes | Find my phone function: Yes | Fitness test: Yes | Heart rate data transfer: ANT+ | Heart rate-based calorie computation: No | Interval training: Yes | Music control: Yes | Recommended activity: Cycling/Fitness/Running/Swimming | Smart notifications: Yes | Stopwatch: Yes | Timer: Yes | Weather forecast: Yes | Altimeter: Yes | Mobile network connection: No | GPS (satellite): Yes | Bluetooth: Yes | Wi-Fi: No | Battery type: Built-in battery | Battery technology: Lithium-Ion (Li-Ion) | Battery life: 5 | Battery life (max): 1 | Rechargeable battery: Yes | Operating temperature (T-T): -10 - 50 | Number of batteries supported: 1 | Width: 39 | Depth: 39 | Thickness: 10.9 | Weight: 38.6 | Height: 10.9 | Charger: Yes | Manual: Yes | Quantity per pack: 1 | Unit Calculated Weight: 0.2 | Product Net Weight: 0.0386 | Unit Calculated Volume: 0.000686 | Units per Shipping Box: 1 | Unit Width: 7 | Shipping Box Height: 7 | Unit Depth: 14 | Unit Height: 7 | Name: SMARTWATCH VIVOMOVE 3S/SILV/BLUE 010-02238-20 GARMIN

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