CSSi SA - "Securing Tomorrow, Today"
Waterfall Office Park, 28 Augrabies Rd Vorna Valley, Midrand, 1685
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SMARTWATCH FORERUNNER 965/BLACK 010-02809-10 GARMIN

Model: 010-02809-10

Manufacturer: GARMIN

EAN: 753759313869

Product Code: 332600

R11,867

TRAIN BRILLIANTLY
WITH AN AMOLED DISPLAY

WHAT IF EVERY RUN WAS A PODIUM-WORTHY PERFORMANCE? AND FROM TRAINING READINESS, YOU KNEW YOU WERE PRIMED TO REAP THE REWARDS? WITH THE FORERUNNER 965 SMARTWATCH, STATS AND INSIGHTS WILL BE LIT UP ON A COLORFUL AMOLED DISPLAY. AND SOON, YOU TOO WILL BE STANDING IN THE LIGHT.

MAKE A STATEMENT

WITH THE LIGHTWEIGHT TITANIUM BEZEL

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GO WHERE THE RUN TAKES YOU

WITH BUILT-IN MAPS AND MULTI-BAND GPS

BUILT FOR THE LONG RUN

WITH UP TO 23 DAYS OF BATTERY LIFE IN SMARTWATCH MODE

TRAINING READINESS

From the moment you wake up, get a readiness score based on your sleep quality, recovery, training load and more, so you can determine whether it’s a good day to go hard — or take it easy.

FULL-COLOR MAPPING

Whether you’re running on city streets or riding densely covered trails, Forerunner 965 provides, full-color, built-in mapping to keep you on track.

TRIATHLON AND MULTISPORT PROFILES

Switch between sports with one press by using built-in profiles for triathlons, duathlons, brick workouts and swimruns. Or, create your own custom multisport profiles.

RACE WIDGET

Get ready for your next race, including marathons, with training tips, personalized daily suggested workouts and completion time predictions based on course details, weather and performance.

DAILY SUGGESTED WORKOUTS

Get workouts made for you. They adapt after every run to match your performance and recovery and take into account the races coming up in your Garmin Connect™ smartphone app calendar.

TRAINING STATUS

Using indicators such as HRV status, your recent exercise history and performance, get an easy insight into your overall effort — and whether you’re training productively, peaking or strained.

PLAN

MORNING REPORT

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Get a customizable overview of your sleep1, training outlook, HRV status, weather and more as soon as you wake up.

COURSES WITH TURN-BY-TURN DIRECTIONS

Create or find existing courses in the Garmin Connect app, or sync from your favorite third party platforms and get turn-by-turn directions.

ROUND-TRIP ROUTING

Enter how far you want to go and get suggested routes that will bring you back. Even use TrendLine™ to find the best local paths.

RECOVERY TIME

Know how long you need to recover before your next high-effort workout based on your latest training.

SLEEP MONITORING AND SLEEP SCORE

Understand how your body’s recovering with sleep score, breakdown of your sleep stages and detailed insights for improved sleep quality.

BODY BATTERY™ ENERGY MONITORING

Track your body’s energy levels to find the best times for activity and rest1.

HRV STATUS

Gain a better understanding of your overall health, recovery and training performance while you sleep.

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WOMEN’S HEALTH TRACKING

Track and log your menstrual cycle or pregnancy to get exercise and nutrition education.

GARMIN COACH

Free adaptive 5K, 10K and half marathon training plans from expert coaches.

RACE PREDICTOR

Get an estimate of what your pace could be for a 5K, 10K, half-marathon and marathon.

PREPARE

WRIST-BASED RUNNING DYNAMICS

This smartwatch measures crucial running metrics such as cadence, stride length, ground contact time and more.

WRIST-BASED HEART RATE

The watch constantly samples your heart rate to help you gauge how hard you work during activities1.

ACUTE LOAD

Compare your recent training load to the optimal range to help improve your fitness.

LOAD RATIO

Track short-term to mid-term load ratio to keep your rate of training growth within bounds that will help you stay healthy and avoid setbacks.

TRAINING EFFECT

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See how your workouts influence your endurance, speed and power.

PERFORMANCE CONDITION

While you run, get an analysis of your pace and heart rate for a real-time assessment of your current ability to perform.

VO2 MAX

See your current fitness level and track changes over time to set goals, evaluate progress and more.

STRESS TRACKING

Find out if you’re having a calm, balanced or stressful day.

HEALTH SNAPSHOT

Log a 2-minute session to record key health stats, then generate a report to share with your healthcare provider.

PULSE OX SENSOR

Track your blood oxygen saturation while you’re awake or asleep2, and gain awareness of how you’re adapting to altitude.

CROSS TRAINING

Forerunner 965 is preloaded with free HIIT, strength, cardio, yoga and Pilates workouts so you can switch up how you sweat.

PERFORM

WRIST-BASED RUNNING POWER

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See how much power you’re applying to the trail or road so you can manage effort and fine-tune training.

SATIQ™ TECHNOLOGY AND MULTI-BAND GPS

Get superior positioning accuracy and optimized battery life.

PACEPRO™ FEATURE

Plan race day strategy with GPS-based pace guidance for a selected course or distance.

TRACK RUNNING

Record accurate lap distances and see your distances in meters.

CLIMBPRO

See real-time information on your current and upcoming climbs.

REAL-TIME STAMINA

Prevent burning out and use this data to track and manage your exertion.

UP AHEAD

Get at-a-glance awareness for points of interest along the course, such as aid stations.

BUILT-IN SPORTS APPS

Tap in to 30+ built-in activities, including cycling, open-water swimming, strength training and more.

CONNECT

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MUSIC

Download songs and playlists from your Spotify, Deezer or Amazon Music accounts for phone-free listening.

SAFETY AND TRACKING

If you feel unsafe or if your watch senses that an incident occurred, your watch will send a message with your live location3.

GARMIN PAY™ CONTACTLESS PAYMENTS

Breeze through checkout lines or transit systems with participating providers.

SMART NOTIFICATIONS

Receive emails, texts and alerts on your watch when paired with your iPhone® or Android™ smartphone.

LIVETRACK

Friends and family can follow your real-time location3 and view preplanned courses.

GARMIN CONNECT

See your health and fitness information, connect with friends and more — in this free, zero-subscription app.

CONNECT IQ™

Add watch faces, data fields and apps to your paired watch.

Summary: Garmin Forerunner 965. Display diagonal: 3.56 cm (1.4"), Display technology: AMOLED, Display resolution: 454 x 454 pixels, Touchscreen. Flash memory: 32 GB. Wi-Fi. GPS (satellite).

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Weight: 53 g. Band material: Silicone, Band colour: Black, Band size: One Size | Vendor Homepage: https://www.garmin.com/fr-LU/p/886725/pn/010-02809-10 | Display diagonal: 1.4 | Display technology: AMOLED | Always-on display: Yes | Colour display: Yes | Display type: Digital | Display resolution: 454 x 454 | Touchscreen: Yes | Display diameter: 35.4 | Watch glass type: Corning Gorilla Glass 3 DX | FM radio: No | Mobile operating systems supported: Android/iOS | Flash memory: 32 | Band material: Silicone | Band size: One Size | Lens material: Glass | Shape: Round | Wrist size range: 135 - 205 | Market positioning: Smartwatch | Minimum strap length: 135 | Maximum strap length: 205 | Watch case size: 47 | Suggested gender: Unisex | Watch case colour: Black | Watch case material: Titanium | Band colour: Black | Built-in speaker(s): Yes | Waterproof: Yes | Built-in camera: No | Closure type: Single prong strap buckle | Magnetic charging connector: Yes | Protection features: Waterproof | Removable strap: Yes | Water resistance: 5 | Heart rate monitor: Yes | Heart rate contact sensors: Yes | Heart rate sensor type: Optical | Heart rate measuring: Automatic/Manual | Blood oxygen sensor: Yes | Distance travelled: Yes | Calories burned: Yes | Accelerometer: Yes | Gyroscope: Yes | Activity tracker: Yes | Multisport mode: Yes | Quality of sleep: Yes | Short Message Service (SMS): Yes | Vibrating motor: Yes | Active minutes: Yes | Advanced workouts: Yes | Alarm clock: Yes | Ambient light sensor: Yes | Audible alarm(s): Yes | Automatic daily activity detection: Yes | Barometric altimeter: Yes | Built-in distance meter: Yes | Calendar: Yes | Calendar notifications: Yes | Call notifications: Yes | Caller ID: Yes | Clock mode: 12h/24h | Distance system of measurement: Metric | Electronic compass: Yes | E-mail: Yes | Fitness test: Yes | Foot pod: Yes | Heart rate-based calorie computation: Yes | Interval training: Yes | Motivating feedback: Yes | Music control: Yes | Music player: Yes | Pace alert: Yes | Physiological measurements: Yes | Race predictor: Yes | Real-time guidance: Yes | Recovery time suggestion: Yes | Running dynamics: Yes | Smart notifications: Yes | SMS notifications: Yes | Stopwatch: Yes | Stress monitoring function: Yes | Time/distance alert: Yes | Timer: Yes | Training effect measurement: Yes | Training programming: Yes | Training recommendations: Yes | Virtual partner function: Yes | Virtual racer function: Yes | Weather display: Yes | Workout tracking: Yes | Thermometer: Yes | Altimeter: Yes | Vibrating alarm clock: Yes | Supported applications: Garmin Connect | Mobile network connection: No | ANT+ enabled: Yes | GPS (satellite): Yes | GLONASS: Yes | Galileo: Yes | Bluetooth: Yes | USB port: No | Near Field Communication (NFC): No | Wi-Fi: Yes | Headphone connectivity: Bluetooth | Battery type: Built-in battery | Battery life (max): 552 | Battery life: 23 | Battery life (GPS mode): 31 | Continuous audio playback time: 8.5 | Wireless charging: Yes | Width: 47.2 | Depth: 47.2 | Thickness: 13.2 | Weight: 53 | Cables included: USB | Charger: Yes | Manual: Yes | Unit Calculated Weight: 0.16 | Battery weight: 5 | Battery: Lithium-Ion rechargeable | Product Net Weight: 0.053 | Unit Calculated Volume: 0.0007245

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| Units per Shipping Box: 1 | Unit Width: 9 | Shipping Box Height: 7 | Unit Depth: 11.5 | Unit Height: 7 | Name: SMARTWATCH FORERUNNER 965/BLACK 010-02809-10 GARMIN | Model name: Forerunner 965

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