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Smartring COLMI Ring 2 Pro size 7 (black)

Model: Ring 2 Pro s7

Manufacturer: COLMI

EAN: 6972436987498

Product Code: 1230157

R1,958

COLMI Ring 2 Pro Smart Ring, Size 7 (Black)

Take care of your health and daily activity with the COLMI Ring 2 Pro smart ring. This stylish accessory allows you to measure your heart rate, blood oxygen levels (SpO_2), body temperature, and stress levels, as well as provide a detailed sleep analysis. Using artificial intelligence (AI), it helps you better interpret the collected data and understand your body’s needs. It also offers multiple sports modes, gesture control, and features that make it easier to connect with loved ones. It features a lightweight titanium alloy construction, 5 ATM water resistance, and a battery life of up to 5 days. You’ll find all the most important information in the Q Ring app.

Get to know your body with smart AI analysis

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The COLMI Ring 2 Pro uses precise sensors, including the HX3697 heart rate sensor, to provide you with information about your body’s condition. It allows you to monitor your heart rate, blood oxygen saturation (SpO_2), heart rate variability (HRV), body temperature, and stress levels. The collected data is analyzed by AI, which helps you better understand the results and track changes in your body. You also have access to the Energy Score, which helps you assess your energy levels, and breathing exercises that come in handy during moments of relaxation. Additionally, the menstrual cycle tracking feature lets you monitor your cycle and predict upcoming periods.

Find out how you really sleep

Want to better understand your rest habits? The COLMI Ring 2 Pro automatically monitors your sleep around the clock, tracking both nighttime rest and daytime naps—without the need to manually start tracking. It identifies individual sleep stages, including light, deep, and REM sleep, as well as periods of wakefulness. It also analyzes the time it takes to fall asleep, sleep efficiency, and nighttime awakenings. With detailed data available in the app, you can more easily track changes in your sleep quality and make more informed decisions about your recovery.

Track Your Progress During Workouts

Whether you enjoy leisurely walks, running, cycling, or swimming, the COLMI Ring 2 Pro will help you monitor your daily activity. The ring supports various sports modes, including basketball, and records key workout metrics. During your workouts, you can check your heart rate, step count, distance covered, calories burned, and workout duration, among other metrics. All this information makes it easier to track your progress and stay on track with your goals. The friends and family leaderboard provides extra motivation, letting you compare your step count with the results of your loved ones.

Control your smartphone with a single finger gesture

You can operate select smartphone functions using finger gestures. Browse photos, control videos, or play ring-controlled games without having to touch your phone’s screen. The ability to remotely take photos and record videos is particularly handy.

Even closer to the people who matter to you

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Thanks to the Space of Love feature, the ring lets you nurture your relationship with a loved one in a unique way. In the app, you can use the couples' space, which lets you save important dates, track anniversaries, and set reminders for shared moments. There's also a "love reminders" feature that makes it easier to show each other affection every day. Additionally, tracking steps together lets you monitor your partner's activity, and special certificates unlocked as you progress through different stages of your relationship add a unique touch to your daily interactions.

Lightweight Design and Water Resistance

The ring's casing is made of a titanium alloy, and thanks to its lightweight design, you can wear it during daily activities, while sleeping, or during workouts. An added benefit is its 5 ATM water resistance, which allows you to use the device while washing your hands or swimming. So you don't have to give up activity tracking when you're in contact with water.

Up to 5 days of battery life and convenient charging

You don't have to worry about charging it every day. The COLMI Ring 2 Pro offers 3 to 5 days of battery life on a single charge, so it can track your activity and sleep for several days in a row. When the battery runs low, simply place the ring in the included 500 mAh charging case. A full charge takes about an hour, and the case itself is equipped with a USB-C port. The lithium-polymer battery supports over 300 charge cycles, while the low-battery notification feature helps you avoid unexpected power loss.

All Information in the Q Ring App

Discover the full capabilities of the ring with the Q Ring app, which lets you conveniently view information about your health, sleep, and activity, as well as take advantage of AI analysis, social features, and theme customization. You can also customize units of measurement and temperature to your preferences, use the device finder feature, or check out the instructions and answers to frequently asked questions. The app also offers system settings, tips on background operation, and the ability to perform wireless OTA software updates. Thanks to Bluetooth BLE 5.0 connectivity with a range of over 10 m and compatibility with Android, iOS, and HarmonyOS, using the ring's features is convenient and intuitive.

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Included in the package

- COLMI Ring 2 Pro Smart Ring
- Charging case
- USB-C cable
- Silicone ring cover
- User manual

General

Manufacturer	COLMI
Model	Ring 2 Pro s7

Processor and Sensors

Main Processor	REALTEK RTL8762E
Flash Memory	512 Kb ROM
Heart Rate Sensor	HX3697
Motion Sensor (G-sensor)	ST LIS2DOC

Connectivity

Bluetooth	BLE 5.0
Bluetooth Range	Over 10 m

Battery

Type	Lithium-polymer battery
Capacity	14 mAh

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Charging Method	In the charging case
Number of Charge Cycles	Over 300
Charging Time	Approximately 1 hour
Battery Life	3–5 days

Charging Case

Battery Capacity	500 mAh
Charging method	USB-C

Design

Size	7 (inner diameter: 17.3 mm, thickness: 2.7 mm, width: 7 mm)
Color	Black
Ring material	Titanium alloy

System

Compatibility	Android 4.4 and later, iOS 8.0 and later, HarmonyOS
App	Q Ring

Other

Water resistance	5 ATM
Updates	OTA (over-the-air)

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App Languages	Danish, Ukrainian, Russian, Croatian, Hungarian, Hindi, Indonesian, Turkish, Hebrew, Greek, German, Italian, Latvian, Czech, Slovak, Slovenian, Japanese, French, Polish, Thai, Estonian, Swedish, Lithuanian, Simplified Chinese, Traditional Chinese, Romanian, English, Dutch, Portuguese, Spanish, Vietnamese, Arabic, Korean, Malay

App Features

List of Features	Activity tracking, Energy Score, sleep tracking, heart rate measurement, heart rate variability (HRV) tracking, blood oxygen saturation (SpO_2) measurement, stress tracking, sports activity tracking, menstrual cycle tracking, Space of Love, friends and family leaderboard, breathing exercises, body temperature measurement, gesture control, health monitoring, device locator, AI analysis, remote photo capture, ring-controlled games, theme customization, unit of measurement selection, temperature unit selection, low battery notification, instructions for configuring background app operation, software updates, system settings, FAQ (Frequently Asked Questions)

Information about data generation: https://dataact.innpro.pl/COLMi/6972436987498, GPSR Link: https://psr-assets.innpro.pl/smartwatch/sg_smartwatches_smartrings.pdf, PPWR: https://ppwr.innpro.pl/en/colmi, Gross weight: 109, Net weight: 49, Box length: 9,70, Box width: 9,00, Box height: 3,50, Last delivery: 23.11.2026

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