



Garmin Instinct E 2.18 cm (0.86) MIP 40 mm Digital 166 x 166 pixels Black GPS (satellite)

Model: 010-02932-00

Manufacturer: GARMIN

EAN: 753759339449

Product Code: 1187902

R5,094

Galileo: Yes | Charger: Yes | Stress monitoring function: Yes | Water resistance: 10 ATM | ANT+ enabled: Yes | Recommended activity: Running | Race predictor: Yes | Calendar: Yes | Weather alert: Yes | Quality of sleep: Yes | Training effect measurement: Yes | Watch case size: 40 mm | Breathing exercises : Yes | Built-in camera: No | Recommended activity: Baseball | Recommended activity: Disc Golf | Wrist size range: 107 - 179 mm | Recommended activity: Swimming | Recommended activity: Golf | Recovery time suggestion: Yes | Near Field Communication (NFC): No | Lens material: Glass | Headphone connectivity: No | Recommended activity: Skiing | Blood oxygen sensor: Yes | Distance travelled: Yes | Activity tracker: Yes | Battery life (max): 7 week(s) | Virtual partner function: Yes | Closure type: Single prong strap buckle | Electronic compass: Yes | Heart rate monitor: Yes | Recommended activity: Fishing | Band colour: Charcoal | Band size: One Size | Watch case colour: Black | Recommended activity: Football | Recommended activity: Yoga | Recommended activity:

The product information provided is for reference purposes only. Technical specifications, photos, descriptions and prices may change without prior notice. The manufacturer and seller are not responsible for possible data discrepancies or typographical errors. We recommend checking the current information before purchasing.

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Sailing | Recommended activity: Volleyball | Recommended activity: Riding | Battery life (GPS mode): 21 h | Stopwatch: Yes | Heart rate measuring: Manual | Find my phone function: Yes | Suggested gender: Any gender | Music control: Yes | Recommended activity: Tennis | Recommended activity: Walking | Recommended activity: Cycling | Recommended activity: Hiking | Recommended activity: Basketball | GLONASS: Yes | Recommended activity: Diving | Recommended activity: Breath work | Recommended activity: Rowing | Recommended activity: Hockey | Recommended activity: Climbing | Recommended activity: Universal | Recommended activity: Badminton | Recommended activity: Table tennis | Running dynamics: Yes | Sun & moon information: Yes | Recommended activity: Water skiing | Shape: Round | Multisport mode: Yes | Battery life: 14 day(s) | FM radio: No | Built-in speaker(s): No | Automatic pause: Yes | Accelerometer: Yes | Calories burned: Yes | Recommended activity: Triathlon | Recommended activity: Water sports | Timer: Yes | Band material: Silicone | Display size (HxV): 22 x 22 mm | Barometric altimeter: Yes | Watch case material: Glass Fiber Reinforced Polymer (GFRP) | Real-time guidance: Yes | Alarm clock: Yes | GPS (satellite): Yes | Display technology: MIP | Battery technology: Lithium-Ion (Li-Ion) | Width: 40 mm | Display type: Digital | USB port: No | Touchscreen: No | Manual: Yes | Depth: 40 mm | Weight: 41 g | Wi-Fi: No | Flash memory: 0.128 GB | Mobile operating systems supported: iOS | Display diagonal: 2.18 cm (0.86") | Built-in microphone: No | Thickness: 1.36 cm | Market positioning: Smartwatch | Mobile operating systems supported: Android | Bluetooth: Yes | Display resolution: 166 x 166 pixels

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