



## COLMI RING 2 Lubricated Ring, Size 8 (Black)



Model: RING2 8

Manufacturer: COLMI

EAN: 6972436987313

Product Code: 1176976

## R1,523

### COLMI RING 2 Smart Ring, Size 8 (Black)

The COLMI RING 2 combines the discreet design of a ring with a comprehensive set of features for monitoring health, sleep, and daily activity. Among other things, it allows you to track your heart rate, HRV, blood oxygen levels, stress, and body temperature, and the collected data can be analyzed using AI. With 5 ATM water resistance, you don't have to take it off when swimming or washing your hands, and the high-capacity battery provides 3 to 5 days of battery life. Add to that its lightweight, compact design, which allows you to wear the ring comfortably both during the day and while you sleep at night.

### Monitor Your Body's Key Metrics—AI-Powered Health Analysis

Precise sensors allow the ring to collect a variety of health data. RING 2 lets you monitor your heart rate, HRV, blood oxygen levels, stress levels, and body temperature, providing convenient access to a wealth of information in the Q Ring app. This makes it easier for you to take care of your health

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and respond more quickly to any concerning changes. The collected data can also be used by built-in AI features for more detailed analysis. The system takes into account information regarding heart rate, blood oxygen levels, sleep, and activity, providing intelligent insights. As a result, the numerous measurements collected by the ring can be used to more conveniently track your fitness and daily habits.

## **Detailed 24/7 Sleep Monitoring**

The COLMI RING 2 automatically monitors both nighttime sleep and daytime naps—there's no need to manually start or stop recording. The device recognizes periods of wakefulness as well as light, deep, and REM sleep phases, and also records the time it takes to fall asleep, sleep efficiency, and nighttime awakenings.

## **Track Different Types of Activity**

The ring supports various sports modes, such as walking, running, cycling, and swimming. During workouts, it can track, among other things, heart rate, step count, distance traveled, calories burned, and workout duration. This allows you to conveniently track your progress and set new goals.

## **Menstrual Cycle Tracking**

COLMI RING 2 also offers features designed to monitor menstrual health. These features allow you to predict your period and provide cycle-related information, helping you better observe the changes taking place in your body. This data can be accessed in the app along with your other health information.

## **Extra motivation to stay active—compete with family and friends**

The Friends and Family Ranking feature lets you use the Q Ring app to track and compare your step counts with loved ones. Thanks to the ranking, you can check other users' results and see where you stand. It's extra motivation to stay active!

## **Space of Love - features for couples**

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The app offers the “Space of Love” feature, which provides functions designed for couples. It lets you record anniversaries and unlock new relationship certificates, while the “Love Reminder” and “Walking in Sync” features offer additional ways to interact daily. The ring can therefore be used not only to track health and activity but also to enjoy shared features with a loved one.

## **Gesture Control**

The COLMI RING 2 can also be used to control selected functions hands-free. A simple finger movement lets you control photos, videos, and games, and makes it easy to take photos without having to directly handle your phone. It’s a convenient solution for people who frequently participate in video conferences, record vlogs, and more!

## **Lightweight and Water-Resistant**

The RING 2 stands out for its lightweight and slim design, making it ideal for all-day wear or sleep tracking—it ensures long-lasting comfort. The ring is made of stainless steel, combining durability with an elegant design. Its 5 ATM water resistance rating means you can use it without worry even while washing your hands or swimming.

## **3 to 5 Days of Battery Life**

The high-capacity battery lets you use the ring for about 3–5 days. You won’t have to plug it in very often! The set also includes a handy charging case with a 200 mAh capacity and a USB-C port. You can use it to quickly and conveniently recharge the ring for continued use.

## **Included in the set**

- COLMI RING 2 x1
- User manual x1
- USB-C cable x1
- Charging case x1

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|                                 |                      |
|---------------------------------|----------------------|
| <b>Model</b>                    | R02S (COLMI Ring 2)  |
| <b>Color</b>                    | Black                |
| <b>Size</b>                     | 8                    |
| <b>Inner diameter of size 8</b> | 18.3 mm              |
| <b>Thickness</b>                | 2.7 mm               |
| <b>Width</b>                    | 7.0 mm               |
| <b>Main chipset</b>             | REALTEK RTL8762E     |
| <b>Flash memory</b>             | 512 Kb ROM           |
| <b>Heart rate sensor</b>        | Vcare VC30F          |
| <b>G-sensor</b>                 | ST LIS2DOC           |
| <b>Bluetooth</b>                | BLE 5.0              |
| <b>Bluetooth Range</b>          | Approx. 10 m         |
| <b>Battery Type</b>             | Lithium-polymer      |
| <b>Battery Capacity</b>         | 14 mA                |
| <b>Charging Method</b>          | 2-pin magnetic cable |
| <b>Charge Cycle Life</b>        | Over 300             |
| <b>Charging time</b>            | Approx. 1 h          |
| <b>Battery life</b>             | Approx. 3-5 days     |
| <b>Charging case capacity</b>   | 200 mAh              |
| <b>Charging case method</b>     | USB-C                |
| <b>Ring material</b>            | Stainless steel      |
| <b>Weight</b>                   | 4 g                  |

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**Supported**

**operating systems**      Android 4.4 and newer, iOS 8.0 and newer, Harmony OS

**App**      Q Ring

**Water resistance**      5 ATM

**Updates**      OTA

**App languages**      English, Polish, Danish, Ukrainian, Russian, Croatian, Hungarian, Hindi, Indonesian, Turkish, Hebrew, Greek, German, Italian, Latvian, Czech, Slovak, Slovenian, Japanese, French, Thai, Estonian, Swedish, Lithuanian, Simplified Chinese, Traditional Chinese, Romanian, Dutch, Portuguese, Spanish, Vietnamese, Arabic, Korean, Malay

Information about data generation: <https://dataact.innpro.pl/COLMi/6972436987313>, GPSR Link: [https://psr-assets.innpro.pl/smartwatch/sg\\_smartwatches\\_smartrings.pdf](https://psr-assets.innpro.pl/smartwatch/sg_smartwatches_smartrings.pdf), PPWR: <https://ppwr.innpro.pl/en/colmi>, Gross weight: 100, Net weight: 4, Box length: 8,00, Box width: 3,00, Box height: 11,50

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