



COLMI RING 2 Lubricated Ring, Size 7 (Black)



Model: RING2 7

Manufacturer: COLMI

EAN: 6972436987306

Product Code: 1176975

R1,523

COLMI RING 2 Smart Ring, Size 7 (Black)

The COLMI RING 2 combines the discreet design of a ring with a comprehensive set of features for monitoring health, sleep, and daily activity. Among other things, it allows you to track your heart rate, HRV, blood oxygen levels, stress, and body temperature, and the collected data can be analyzed using AI. With 5 ATM water resistance, you don't have to take it off when swimming or washing your hands, and the high-capacity battery provides 3 to 5 days of use. Add to that its lightweight, compact design, which allows you to wear the ring comfortably both during the day and while you sleep at night.

Monitor your body's key metrics—AI-powered health analysis

Precise sensors allow the ring to collect a variety of health data. RING 2 lets you monitor your heart rate, HRV, blood oxygen levels, stress levels, and body temperature, providing convenient access to a wealth of information in the Q Ring app. This makes it easier for you to take care of your health

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and respond more quickly to any concerning changes. The collected data can also be used by built-in AI features for more detailed analysis. The system takes into account information regarding heart rate, blood oxygen levels, sleep, and activity, providing intelligent insights. As a result, the numerous measurements collected by the ring can be used to more conveniently track your fitness and daily habits.

Detailed 24/7 Sleep Monitoring

COLMI RING 2 automatically monitors both nighttime sleep and daytime naps—there's no need to manually start or stop recording. The device recognizes periods of wakefulness as well as light, deep, and REM sleep phases, and also records the time it takes to fall asleep, sleep efficiency, and nighttime awakenings.

Track Different Types of Activities

The ring supports various sports modes, such as walking, running, cycling, and swimming. During workouts, it can track metrics such as heart rate, steps taken, distance covered, calories burned, and workout duration. This allows you to conveniently track your progress and plan your next goals.

Menstrual Cycle Tracking

COLMI RING 2 also offers features designed to monitor menstrual health. These features help predict your period and provide cycle-related information, helping you better track the changes occurring in your body. This data is available in the app along with your other health information.

Extra motivation to stay active—compete with family and friends

The Friends and Family Ranking feature lets you use the Q Ring app to track and compare step counts with loved ones. Thanks to the ranking, you can check other users' results and see where you stand. It's extra motivation to stay active!

Space of Love - features for couples

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The app offers the “Space of Love” feature, which provides functions designed for couples. It lets you record anniversaries and unlock new relationship certificates, while the “Love Reminder” and “Walking in Sync” features offer additional ways to interact daily. The ring can therefore be used not only to track health and activity but also to enjoy shared features with a loved one.

Gesture Control

The COLMI RING 2 can also be used for touchless control of selected functions. A simple finger motion lets you control photos, videos, and games, and makes it easy to take photos without having to directly handle your phone. This is a convenient solution for people who frequently participate in video conferences, record vlogs, and more!

Lightweight and Water-Resistant

The RING 2 stands out with its lightweight and slim design, making it ideal for all-day wear or sleep tracking—ensuring long-lasting comfort. The ring is made of stainless steel, combining durability with an elegant design. With a water resistance rating of 5 ATM, you can use it worry-free even while washing your hands or swimming.

3 to 5 days of battery life

The high-capacity battery allows you to use the ring for about 3–5 days. You won’t have to plug it in too often! The set also includes a handy charging case with a 200 mAh capacity and a USB-C port. You can use it to quickly and conveniently recharge the ring for continued use.

Included

- COLMI RING 2 x1
- User manual x1
- USB-C cable x1
- Charging case x1

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Model	R02S (COLMI Ring 2)
Color	Black
Size	7
Inner diameter of size 7	17.9 mm
Thickness	2.7 mm
Width	7.0 mm
Main chipset	REALTEK RTL8762E
Flash memory	512 Kb ROM
Heart rate sensor	Vcare VC30F
G-sensor	ST LIS2DOC
Bluetooth	BLE 5.0
Bluetooth Range	Approx. 10 m
Battery Type	Lithium-polymer
Battery Capacity	14 mA
Charging Method	2-pin magnetic cable
Number of Charge Cycles	Over 300
Charging time	Approx. 1 h
Battery life	Approx. 3-5 days
Charging case capacity	200 mAh
Charging case method	USB-C
Ring material	Stainless steel
Weight	4 g

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Supported

operating systems Android 4.4 and later, iOS 8.0 and later, Harmony OS

App Q Ring

Water resistance 5 ATM

Updates OTA

App languages English, Polish, Danish, Ukrainian, Russian, Croatian, Hungarian, Hindi, Indonesian, Turkish, Hebrew, Greek, German, Italian, Latvian, Czech, Slovak, Slovenian, Japanese, French, Thai, Estonian, Swedish, Lithuanian, Simplified Chinese, Traditional Chinese, Romanian, Dutch, Portuguese, Spanish, Vietnamese, Arabic, Korean, Malay

Information about data generation: <https://dataact.innpro.pl/COLMi/6972436987306>, GPSR Link: https://psr-assets.innpro.pl/smartwatch/sg_smartwatches_smartrings.pdf, PPWR: <https://ppwr.innpro.pl/en/colmi>, Gross weight: 100, Net weight: 4, Box length: 9,50, Box width: 9,00, Box height: 5,50

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